

Saint Andrew's Episcopal Church

The Evangelist: June 2017

Pentecost is this Sunday, June 4 at 9am

Please note that we will have only one service. and remember to wear red!

Celebrating Bob Moulinier's Life, June 4 at 1:30pm

A Celebration of Life will be held for Bob Moulinier on June 4th at 2 pm at the Chapel at Pine Flats in Oak Creek Canyon. We will gather at St. Andrew's at 1:30 pm to carpool to the chapel in Oak Creek Canyon as parking is limited. Following the service there will be an Internment of Ashes at St. Andrew's Columbarium at 3:30 pm. Directions to Pine Flats are as follows: Take 89A North to Bear Howard Drive (approximately 16 miles from St. Andrew's). Take a left onto Bear Howard. Cross the creek and proceed to the stop sign. Stay on Bear Howard and the Chapel will be in the next block on the left.

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A Word from our Rector

During my youth, the season after Pentecost was often referred to as the "long green" season, based on the many weeks that the church features green liturgical vestments and furnishings. More recently, the time between Pentecost and Advent has become known as the "green and growing" season. Personally, I prefer the latter terminology because it seems less tedious and more exciting, life-giving, and hope-filled.

The green and growing months of summer offer us a time for reflection, exploration, and discovery, especially after a very busy church program year. Our youth are looking forward to the fun and excitement of summer camp with new and old friends at Chapel Rock. Many of you have travel plans to visit friends and relatives, or enjoy the vacation that you've been dreaming about for a while. Some of us will be lingering closer to home - partaking in a "staycation," welcoming visitors, diving into our summer reading lists, trying out a new hobby, or exploring a new spiritual practice.

Wherever you go and whomever you're with, the green and growing season is sure to bring forth an abundance of opportunities to share the action and activity of the Holy Spirit in the world. On the Day of Pentecost, we will celebrate the gift of the Holy Spirit filling our lives with diverse forms of energy, insight, and ability; and we will rejoice in the Holy Spirit guiding us to share our experiences of the Good News to the ends of the earth. Of course, we enact our faith at church and in the world throughout the year. But on Pentecost, we make a special point to give thanks for the indwelling of the Holy Spirit as we join with the apostles throughout the ages in growing and nurturing our faith community at St. Andrew's, with our Verde Valley neighbors, and with all whom we encounter.

During these next few months of the green and growing season, I invite you to document your own Acts of the Apostles and share how the Holy Spirit is kindling the fire of God's love in your heart and your life. On the Day of Pentecost, you will receive a flame to take with you out into the world. Wherever you go - to a

barbecue or a picnic; to the pool or the park; around the camp fire or around the globe - take a selfie with your flame to show how the Holy Spirit is guiding you through the summer months of our green and growing season. Then bring in, email, or send your photos and captions to the parish office. We'll celebrate our summer adventures with the Holy Spirit by posting your photos and reflections in a special area in the Parish Hall and in our weekly newsletters. These next few months, let us share our own Acts of the Apostles as we journey with the Holy Spirit through this life-giving and hope-filled green and growing season!

Yours in Spirit and in Truth,
Monica+



A Word from our Senior Warden

This month I want to focus on our project at St. Mary's of the Moonlight Episcopal Church in Monument Valley. The project, which was first mentioned to us by Dottie Kohler, involves converting one of the rooms at the church into a new Sunday School room or classroom, for the kids on the reservation.

Many of you know Dottie from the time that she was our Parish Administrator while Fr. Kerry Neuhardt was the Rector at St. Andrew's (1990-1997). Dottie is a New Englander who, at times, comes across with a dry sense of humor. But Dottie always has a twinkle in her eye and compassion in her heart. Shirley, our current Parish

Administrator, recently interviewed Dottie. I have included some excerpts from that interview here, shown in *italics*.

Many people might not know that Dottie spent almost 10 years living in a Hogan on the Navajo Reservation. *At first, she thought the thing she would miss the most would be her microwave but she really did not miss it at all. The Hogan had no electricity and no running water although there was an outhouse close by. However, often times the wind blew over the outhouse and toilet paper was a rare commodity. She cooked on a wood burning stove and had a cooler with ice in it to keep certain foods refrigerated.* That experience gained her the trust of the Navajo people up in the Oljada area of Monument Valley.

I first got to meet Dottie almost 3 years ago when Ron and I joined with Priest Mary and a number of other adults and youth from St. Andrew's during a two day trip to Monument Valley and to visit St. Mary's which is a large Hogan shaped structure. We stayed overnight in the Parish Hall at St. Mary's. The other focus of our trip was to see and tour Monument Valley National Park. We also shared a community meal with parishioners from St. Mary's. Fortunately, we met some of the members of the Jimmy Chee family but more on Jimmy Chee later.

Dottie has done so many projects for St. Mary's, she doesn't know the exact total number. The biggest and most expensive project was a new roof for the Church. She had to raise the money for it which took about 3 years and the total was approximately \$5,000. Long time St. Andrew's parishioner, Joe Cantrella, volunteered to help and said he would stay on the reservation and work to put on the new roof for as long as it took. Joe jokingly told Dottie that his wife, Irene, (now deceased), had given him permission to go. Dottie asked two Navajo teenagers to help also and paid them with meals. The project took three weeks.

Dottie has also been involved in drives for gathering blankets, winter jackets and coats, continuing repairs of the Parish Hall and church and providing food and cash cards to Navajo's in need for the last 25 years, all of which, in one way or another, St. Andrew's has supported. Without Dottie, St. Andrew's would not be involved currently in a Navajo outreach program.

Late last fall, Dottie approached me to see if I would support a bedroom conversion to a children's Sunday School room/classroom project in the Parish Hall at St. Mary's. I brought the project to the attention of our Vestry and the Vestry voted to support the project financially up to \$1,000.00. Last month, Ron and I met up with Greg Noyes and Dottie at St. Mary's. Greg had previously analyzed what was needed, purchased the materials and brought up everything needed to make the conversion happen. Dottie contacted Jimmy Chee, a retired water facility maintenance professional and St. Mary's parishioner, who worked with Greg, Ron and me to demolish the existing interior and exterior walls so that we could then rebuild them. As of this writing, Jimmy Chee has put up new drywall and Greg will be going to St. Mary's again to put up new exterior walls and repair a leak in the roof. A Big Thank You to both Greg and Jimmy Chee for all their hard work!

The last piece of the project is painting the new classroom. Hopefully in the fall, St. Andrew's Youth will be able to return to St. Mary's to paint the walls.

Dottie will participate in our Annual Rummage Sale once again this year, just like she has since the 1990s, as the head of the Linens and Bedding section of the Rummage Sale.

Lastly, I want to thank Dottie for her persistence, dedication and support of St. Andrew's and for helping to arrange this outreach opportunity for our church. I want to thank her for the special connection and her active and loving participation with our fellow Episcopalians at St. Mary's of the Moonlight in beautiful Monument Valley on the Navajo Reservation.

Jim Hose



Wellness Notes

As we're now moving into summer weather, it's time to think about the importance of staying hydrated. You may not notice your body being affected by dehydration because in our climate, with its low humidity, you may not feel that you are perspiring as much as you actually are because perspiration evaporates very quickly. Also, as we age, we become less sensitive to the need to drink. "I'm not thirsty" is a frequent response among seniors. That's not a reason to avoid drinking fluid regularly during the day. By the time you actually feel thirsty, it is almost too late because your body is already dehydrated.

Iced caffeinated beverages, while popular in the summer, are not the best way to stay hydrated because they tend to increase the loss of fluid through urination. However, they are better than not drinking at all.

Plain water is a better source for re-hydration. Water with electrolytes added is the best because you will be replacing the electrolytes that have been lost through perspiration. I have found that coconut water, which has high levels of potassium, works very well for me in keeping hydrated. Potassium also helps to reduce muscle cramping which can often occur when a body is dehydrated.

A good rule of thumb for maintaining proper hydration is to drink one eight ounce glass of liquid every hour between meals. That totals about 8 glasses a day.

Wishing you all a happy, healthy summer. Stay cool!

Jeannette L Sasmor, RNCE, FCN



ST. ANDREW'S EPISCOPAL CHURCH - SEDONA, AZ
Love God, Serve Every Person, Live the Good News of Jesus Christ

Vestry Meeting Minutes - Thursday, April 27, 2017

2:30 pm - 3:00pm - Opening Devotion (Peg MacMillan) and Holy Eucharist (The Rev. Monica Whitaker)

3:00pm - Vestry Meeting began

Attending: The Rev. Monica Whitaker (Chair), Jim Hose (Co-chair), Linda Rachel, Peg MacMillan, Julie Williams Phil Valence Duane DePaepe, Gary Livermont, Wayne Roberts

Excused: Margaret Kelley, Rita O'Connor

Guests: Ron Rummell; Shirley R. Pogany, Recorder serving on behalf of Linda Rachel, Clerk

Brief check-in by members present at the meeting.

Appointment of meeting recorder, Shirley R. Pogany

Approval of Vestry Retreat Minutes of March 18, 2017 -

M - Linda Rachel motioned to accept Vestry Retreat Minutes of 3/18/17

S - Phil Valence

Passed

Rector's items:

- ***Lent, Holy Week, and Easter:** Thanked everyone for help
- ***Staff Update:** Shirley R. Pogany, Parish Administrator, attending a Lay Staff Training Seminar in Prescott, Tuesday, May 16th. Deacon Deirdre Moulinier on sabbatical, Peg MacMillan acting liaison for Community of Hope. Rev. Monica meeting with the Mary Martha prayer group once a month.
- ***Music:** supply musicians, potential interim MD: Currently in talks with the husband of music director at St. John Vianney to be interim director. Interviewed a candidate for permanent music director.
- ***Pastoral care:** no discussion
- ***Parishioner visits:** Canon Megan suggested one on one parishioner visits.
- ***Website update Iron Springs Design:** Iron Springs Design Co. chosen to do new website based on Nicole Krug's, (Diocese office) recommendation.
- ***Continuing Education:** Festival of Homiletics 5/15-19/17, San Antonio, TX; DioAZ training begins in late October: Rev. Monica in San Antonio, TX 3rd week in May. Might attend Diocesan training for priests once a month, October through April, 2018. Will check with Gary Livermont (Treasurer) about the cost.
- ***Bishop's Visitations requested:** Requested Bishop Smith visit in October to install her as our official priest and for re-affirmation ceremonies.
- ***Safeguarding God's Children:** Mentioned new guidelines for Safeguarding God's Children training.
- ***Services:** Pentecost, Summer Sat./Sun. schedule: Discussed combined services at 9am for Pentecost, St. Andrew's Day and summer, June 1st - September 3rd. Julie Williams (Youth Minister) noted Sunday School cancelled for June and resume mid July.

Finance Team

- ***Treasurer's Report:** Thanked Benny Bennight for work in Gary's absence. Offered to meet with parishioner who had any budget questions.
M - Wayne Roberts to accept Treasurer's Report
S - Duane DePaepe
Passed
- ***Discretionary Funds:** Requested Vestry approval for annual minimum funding of \$3200 for the Rector's Discretionary Account. Funding will be in accordance with the St Andrew's Financial Policies Manual, Section XI. Suggested reminding parishioners they can donate to the Account any time and cash plate collections on each 5th Sunday. Emphasize money used for local outreach, tax deductible, not subject to assessment fee. Discussed putting Rummage Sale money into Discretionary Fund. Question and discussion of parishioners understanding of Fund usage to contribute food, gas, rent and bills, etc. for those in need.
M - Linda Rachel motioned to set Rector's Fund as outlined.
S - Peg MacMillan
Passed
- ***Endowment Board Update:** Each Endowment fund contains \$55,000.00. Carolyn Fisher writing newsletter and questionnaire for parishioners who have moved away. Board is one member short. Considering three different people for seat. Hoping for more legacy gifts.
- ***Fundraising update:** Recent fundraisers, Scarf Dying and Angie Schmid's concert were mentioned. No end of the year big event planned yet. Another Scarf Dying event possible in June.

Senior Warden's Report:

- ***Navajoland project:** Discussed recent trip to St. Mary's of the Moonlight Episcopal Church, Navajo Indian Reservation. Remodel of older room into new Sunday School room. Discussed possibility of St. Andrew's youth painting interior walls in the fall. Discussion about collecting and delivering needed items.
- ***Chile planting/harvesting:** see attachment
- ***Community Suppers:** Were discussed. More hosts needed.

People's Warden Report:

- ***Sanctuary Discernment Process:** Two hand-outs with information for/about immigrants given to Vestry. No consensus yet on how/what St. Andrew's can/should do to help immigrants. Noted that Margo Cowan, Esq. does pro-bono representation
- ***Feedback:** Asked for suggestions on informing parish about immigration issues. More discussions, discernment process suggested. Noted St. Andrew's will not be offering sanctuary.
- ***Canon Martir's presentation:** Presentation at St. Andrew's was mentioned.
- ***Wider community:** NAIC, Interfaith: Not discussed
- ***Panel Discussion** (today) and League of Women Voters feedback, Keep Sedona Together trainings: Not discussed
- ***Next steps?:** Create a report for congregation.

Discipleship Teams:

***Ministry (Rita, Jim, Julie):** Vestry Team action lists were never submitted; Site team lists will be emailed.

Inreach/Outreach (Peg, Kelley, Linda): Not discussed

***Site (Duane, Wayne, Phil, TBA):**

***Windows:** Circular stained glass window, narrow windows need fixed. Connolly Electric recommended. New Finance Manual Handbook with guidelines for hiring maintenance companies recommended.

***Lighting:** Light fixtures in the sanctuary need replaced.

***Signage:** Requested adding service schedule and website address on our sign. Will research our options.

Future Vestry meetings at 2:30pm were set for the following dates:

May 23, June 15, July 27, August 17, September 28, October 19, November 14

Closing prayer - Jim Hose

Meeting was adjourned at 5:25pm

Handouts:

Crazy Chile Farm brochure

Training for Churches brochure

Financial and Accounting, Policies and Procedures Manual

People's Warden Report

Finance Committee Report

Description, Observations, Summary of visit to Crazy Chile Farm

Proposal for Chile Farm for St. Andrew's

Native American Ministry Spiritual Retreat and Planning, August 11-12

Please join with the Council of Native American Ministries, The Rev. Canon Debbie Royals and special guest and spiritual leader, Mona Polacca, for an opportunity to experience Native American spirituality and continue to engage with Native traditional values and processes. Friday night, Grandmother Polacca will lead in Gathering and Ceremony. We will continue mission and visioning Saturday morning and in the afternoon, we will discuss the development and growth of Native American Ministry using the Logic Model. Within this context, we will evaluate our plan as it applies to our congregations/ministry, the Diocese and The Episcopal Church.

August 11, 2017 5:00 pm to
August 12, 2017 4:00 pm
Franciscan Renewal Center
5802 E. Lincoln Drive,
Scottsdale AZ 85253
Double Room Rate - \$75.00
Commuter Meals - \$50.00

Mona Polacca (photo right), Hopi/Havasupai/Tewa elder and one of the International Council of Thirteen Indigenous Grandmothers, is a celebrated author, speaker and educator on indigenous people's human rights.

Register for this event by going to: [click here](#). Deadline for housing is June 10, 2017. If you need help to register, contact Dawn Jackson at 602-254-0976 or [click here](#).



For more information on this event or Native American Ministries, contact The Rev. Canon Debbie Royals at 520-907-0616.

Announcements



Welcome our new Interim Music Director

We are pleased to welcome Robert Bays, Ph.D. as Interim Music Director for our summer Sunday worship services. Dr. Bays will be working closely with Rev. Monica to select worship music and will provide music leadership from the organ and piano. Dr. Bays earned M.A. and Ph.D. degrees in Theatre Arts at the University of Minnesota, which included a minor specialization in music composition under the supervision of the acclaimed opera composer Dominick Argento. A former university professor and professional actor on Broadway, Bob has directed at least a dozen musicals, performed leading roles in quite a few, and was an accomplished pianist in his teens. He has served as accompanist for several church choirs and has always found music to be a source of great joy and spiritual fulfillment. Bob and his wife, Teri, have lived in Sedona for more than a decade. Teri also has extensive leadership experience as a church musician and recently wrote and produced a one-woman play on Joan Chittister.

Summer Services at 9am only (June 4 - September 3)

During the summer months we will be offering one Sunday service at 9am, using Rite II. On first Sundays, parts of the service will be chanted by Rev. Monica. On third Sundays, we will be worshiping using Rite I. We will continue to offer prayers for healing and anointing on the second and fourth Sundays.

Living with Grief

The second meeting of the St. Andrew's' grief support group is planned for Wednesday, June 7, at 5:15pm in the Parish Hall. Have you lost someone dear to you and think you might benefit from sharing the grief process with others having similar feelings? Rev. Monica, Peggy MacMillan, and Jean Valence are facilitating a support group expressly for St. Andrew's parishioners who are experiencing the pain of a loved one's death. We realize that there are common threads running through the grieving process and our goal is to help each other wherever we are on that erratic course. If you were unable to attend the first session, please contact Peggy at peggymacmillan234@gmail.com or 928-282-2844 for more information.

Rummage Sale Planning Meeting. June 9

The organizational meeting for the 2017 Rummage Sale has been rescheduled to Friday, June 9, at 4:30 in the Parish Hall.

Sedona Community Supper, June 12

St. Andrew's is hosting the Sedona Community Supper on Monday, June 12. As always, we need volunteers to help with the meal. Please add your name to the sign-up sheet posted on the bulletin board in Parish Hall.

Shindigs in Search of Sponsors

Have you sponsored a Shindig yet? Shindigs are fundraising activities for St. Andrew's fiscal health. They are hosted by parishioners with all of the proceeds going directly to the church. If you haven't hosted one yet, here is the perfect opportunity! Two possible events have been identified. First, a casual friends and families picnic and/or an Italian supper during the summer months. Both of these events would take place in the Parish Hall. A team of 2-4 people is ideal to lead each effort. If one of these sounds like the Shindig for you, please pick up one of the information sheets that describe the Shindig process. They are posted on the red Shindig bulletin board in Parish Hall. If you have any questions about budgeting or planning such an event, please contact Barbara Livermont, gnblivermont@bis.midco.com, 928-821-4178, or Jean Valence, enclavejrv@me.com, 928-282-3098.

Unplug and Reconnect: Family Camp at Chapel Rock-July 6-9, 2017

Family Camp is an opportunity to use your family vacation time to unplug from the busyness of daily life and reconnect with your children and with the God who made you a family. It is challenging in this over-programmed, screen-filled culture to take the time out to be present to the people in our families, to really listen so that unexpected conversations about God have space to happen. Chapel Rock is a place where screens are put away and there is space and time to listen to God and to each other. We will experience prayer, music, free time exploring the beauty of Prescott, and old-fashioned camp fun, like arts and crafts, a campfire, the ropes course, and games. Invest in your family, and come join us! For more information or to

register, visit Chapel Rock's website: www.chapelrock.net/camps.htm (scroll down to Family Camp section), or contact Jana Sundin, Canon for Children's Ministries, at 602-254-0976 or email jana@azdiocese.org.

Serving in June

<i>DATE</i>	<i>READINGS</i>	<i>TIME/NAMES</i>
<i>June 4</i> <i>Day of Pentecost</i>	<i>Acts 2:1-21</i> <i>I Corinthians 12:3b-13</i> <i>John 20:19-23</i> <i>Psalms 104:25-35, 37</i>	<i>9am - Rite II</i> <i>L1: Rita O'Connor</i> <i>L2: Jeannette Sasmor</i> <i>Altar: Rita O'Connor</i> <i>C2: Doug Sandvall</i>
<i>June 11</i> <i>1st Sunday after</i> <i>Pentecost, Trinity</i> <i>Sunday</i>	<i>Genesis 1:1-2, 4a</i> <i>II Corinthians 13:11-13</i> <i>Matthew 28:16-20</i> <i>Psalms 8 or Canticle 13 or 2</i>	<i>9am - Rite II</i> <i>L1: Ginny Chanda</i> <i>L2: Jan Haury</i> <i>Altar: Winnie Follette</i> <i>C2: Jan Haury</i>
<i>June 18</i> <i>2nd Sunday after</i> <i>Pentecost</i>	<i>Acts 17:22-31</i> <i>I Peter 3:13-22</i> <i>John 14:15-21</i> <i>Psalms 66:7-18</i>	<i>9am - Rite I</i> <i>L1: Richard Shreve</i> <i>Altar: Janet Shreve</i>
<i>June 25</i> <i>3rd Sunday after</i> <i>Pentecost</i>	<i>Acts 1:6-14</i> <i>I Peter 4:12-14; 5:6-11</i> <i>John 17:1-11</i> <i>Psalms 68:1-10, 33-36</i>	<i>9am - Rite II</i> <i>L1: Doug Sandvall</i> <i>L2: Christie Palmer</i> <i>Altar: Doug Sandvall</i> <i>C2: Winnie Follett</i>

Ushers 9:00am

June 4 - Peter Bloomer and Tom Turner
 June 11 - Jan Haury and Christie Palmer
 June 18 - William and Deanna Crowley
 June 25 - Peg MacMillan and Sally Kohrs

Altar Guild

June 4 - Christie Palmer
 June 11 - Janet Shreve and Deanna Crowley
 June 18 - TBA
 June 25 - TBA

Greeters

June 4 - Barbara Livermont
 June 11 - William and Deanna Crowley
 June 18 - Peg MacMillan
 June 25 - TBA

Vestry Person of the Day

June 4 - Jim Hose

June 11 - Phil Valence
 June 18 - Linda Rachel
 June 25 - Wayne Roberts

***Happy Birthday and Happy Anniversary
 to ALL those celebrating in June!***

Church Network

<i>Trade/Service</i>	<i>Name</i>	<i>Contact Info</i>
Home or Business: Technical, Computer, Internet Support	Rick Baker	928-239-4184
Construction, Remodeling Major or Minor	Chip Putman	928-301-6904
Housekeeping	Luz Diaz	928-254-9664
Housekeeping/Homemade Tamales	Prudencia Solis	210-373-9040 928-274-5042
Attorney	Adrienne Hanley	928-282-4511
Medicare Supplement Ins. LTC Ins. & Estate Documents	Linda Sandvall	928-300-2101
Roofing and Roof Repairs	Joe Cantrella	928-284-1754
Caregiver and Cook	Cookie Carpenter	928-300-3636
Coldwell Banker Real Estate	Ed Hanley	928-300-7000

June 2017

Items in **RED** indicate temporary cancellation

Items in **BLUE** indicate unconfirmed

Items in **PURPLE** indicate noteworthy information

Items in **GREEN** indicate event is off-site

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

<p><i>Deacon Deirdre on sabbatical 4/23/17 thru 9/3/17</i></p>				<p>1</p> <p>10-Gospel Co-op Holy Eucharist</p> <p>10:30- Parkinson's exercise class</p> <p>4-Worship Team Mtg.</p> <p><i>5-Parking overflow (Purcell guests)</i></p> <p>6-Hawkins Grp</p>	<p>2</p> <p>8:45-Pilates</p> <p>9-Morning Prayer</p> <p>10:30-Mary Martha</p>	<p>3</p> <p>9:30- Compulsive Eaters Anon.</p> <p>7-Taize</p>
<p>4</p> <p><i>Day of Pentecost</i></p> <p>9-Rite II</p> <p>1-6-Kitchen reserved for Deirdre</p> <p><i>1:30- Celebration of life, Bob Moulinier</i></p> <p>3:30- Internment ceremony, Bob Moulinier</p>	<p>5</p> <p>8:45-Pilates</p> <p>3:30-AGSO</p> <p>5- Community Supper</p>	<p>6</p> <p>9-10- Acupuncture</p> <p>10:30- Parkinson's exercise class</p> <p>12-1- Acupuncture</p> <p>5-Men's BBQ</p>	<p>7</p> <p>8:45-Pilates</p> <p>10:30- Contemplative Holy Eucharist</p> <p>12-Staff Mtg</p> <p>5:15-Living with Grief</p>	<p>8</p> <p>10-Gospel Co-op Holy Eucharist</p> <p>10:30- Parkinson's exercise class</p> <p>6-Hawkins Grp</p>	<p>9</p> <p>8:45-Pilates</p> <p>9-Morning Prayer</p> <p>10:30-Mary Martha</p> <p>4:30- Rummage Sale Mtg.</p>	<p>10</p> <p>9:30- Compulsive Eaters Anon.</p> <p>7-Taize</p>
<p>11 <i>1st Sunday after Pentecost, Trinity Sunday</i></p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>

<p>25 <i>3rd Sunday after Pentecost</i></p> <p>9-Rite II</p> <p>5-deCycles Overnight</p>	<p>26 <i>All day-deCycles Overnight</i></p> <p>8:45-Pilates</p> <p>3-Centering Prayer</p> <p>5-Community Supper</p>	<p>27 <i>deCycles departure</i></p> <p>9-10-Acupuncture</p> <p>10:30-Parkinson's exercise class</p> <p>12-1-Acupuncture</p>	<p>28</p> <p>8:45-Pilates</p> <p>10:30-Contemplative Holy Eucharist</p> <p>12-Staff Mtg</p>	<p>29</p> <p>10-Gospel Co-op Holy Eucharist</p> <p>10:30-Parkinson's exercise class</p> <p>6-Hawkins Grp</p>	<p>30</p> <p>8:45-Pilates</p> <p>9-Morning Prayer</p> <p>10-Mary Martha</p>	
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Parish Contacts

The Rev. Monica Whitaker - Rector

505-235-7345

monicaannewhitaker@gmail.com

James Hose - Senior Warden Linda Rachel - People's Warden
wndstar320@gmail.com landjrachel@gmail.com

Gary Livermont - Treasurer Margaret Kelley
Peg MacMillan Rita O'Connor

Duane DePaepe Wayne Roberts
Phil Valence Julie Williams

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